



Vashon Health Care District

*Health Care Resources
for Vashon*

Supporting access to care for the Vashon community.



Organizations We Fund

Local partners supported by the Vashon Health Care District.



**Vashon Youth &
Family Services**
Connect. Nurture. Thrive.



JOURNEYMEN

dispatchhealth®



**MOBILE
INTEGRATED
HEALTH**
VASHON ISLAND FIRE & RESCUE



**THE DOVE
PROJECT**

DIGNITY, OPPORTUNITY, VOICE, EMPOWERMENT





A Quick Guide

Where to start for common health needs



Chest pain, stroke signs, trouble breathing, major injury

Call 911



Checkups, chronic conditions, prescriptions, routine care

Start with Primary Care



Need care at home, follow-up after a hospital visit, fall-risk support

Call Mobile Integrated Health



Sudden illness or injury that is not an emergency, mobile urgent care that comes to you

Use DispatchHealth



Vaccines, medication questions, testing, simple acute issues

Try Vashon Pharmacy



When in doubt, call 911.



Visit Our Website

vashonhealthcare.org

If QR codes are not your preference, simply type the web address above into your browser.

Scan here



Questions? info@vashonhealthcare.org